

# January 2022

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Encourage your child to start a diary or journal for 2022.
- 2. Tonight, take a walk with your child. What sounds can you hear?
- 3. Brainstorm with your child about something you would both like to learn, such as how to play chess. Check out a how-to book.
- 4. Choose a number from one to 12, then have your child list all the things she can think of that come in that number.
- 5. Write an encouraging note to your child and tuck it in her lunch box or a school book.
- 6. Teach your child to take his pulse. Have him jump up and down 15 times and take it again. Has it changed?
- 7. Send your child on a treasure hunt. Make a map that will lead her to a small treat.
- 8. Have your child replace adjectives on a printed ad with their opposites.
- 9. Together, plan your child's recreational screen time for this week.
- 10. Help your child interview family and friends in career fields that interest him. What is a typical day like for them?
- 11. Have your child set a goal and write a plan to achieve it by the end of the school year.
- 12. When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.
- 13. Think of several words that start with the same letter. Can your child use them in a sentence that makes sense?
- 14. Choose a news story. Cut off the headline. Challenge your child to read the article and write his own headline.
- 15. Ask your child what she thinks are her strong skills and why.

- 16. Organize something with your child, such as a closet.
- 17. Trace your child's outline on paper. Then have him research and "map" the inside of his body.
- 18. Teach your child to call 911 in an emergency. Together, practice what to say.
- 19. Explain to your child how people reach compromises. Give an example.
- 20. Read a poem aloud. Stop to let your child guess what the next rhyming word will be.
- 21. Together, role-play a difficult situation your child may face.
- 22. Give family members marshmallows and uncooked spaghetti. See who can build the tallest tower.
- 23. Look for a new kind of transportation to try with your child.
- 24. Have your child predict the results of flipping a coin 10 times. Try it and see if she's right.
- 25. Hold a family meeting. Discuss your family's goals and successes.
- 26. Write fractions on cards. Mix them up. Have your child put them in order from smallest to greatest.
- 27. Have a family jump rope contest. How many jumps can you do in a row?
- 28. Make a chore chart with your child. List his chores and when they should be completed.
- 29. Talk with your child about things people use that come from plants.
- 30. Invent a word with your child. Help her write a definition as it would appear in the dictionary.
- 31. Have your child read the label on a food he eats. What vitamins does it contain? How much sugar is in it?

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# February 2022

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- 1. Have a silent dinner. Then, during dessert, have family members share what they were thinking about.
- 2. It's Groundhog Day. How many words can your child make from the letters in the word GROUNDHOG?
- 3. Talk about all the things your child does right. List as many things as you can.
- 4. Have each family member write a funny sentence. Put them together to make a story.
- 5. Share an inspirational quote with your child.
- 6. When you read aloud, choose an suspenseful place to stop. Ask your child, "What do you think will happen next?"
- 7. Ask your child to name her favorite sport, and say why she likes it.
- 8. Watch the news with your child. Choose a person of the week. Together, read more about that person.
- 9. See how many words your child can use to describe the sky today.
- 10. With your child, estimate how many bowls of cereal you can pour from one box. Keep track until the box is empty.
- 11. Figure out the average of something with your child, such as family members' ages.
- 12. Visit a local or online art museum with your child and talk about the paintings.
- 13. Have your child write a special Valentine's message to someone who is sick or lonely. Help him send or deliver it.
- 14. Remind your child that you enjoy her company and let her know you love her.

- 15. Pick a category (cities, animals) and a letter. How many items from that category can your child name that begin with that letter?
- 16. Does your child need new books? Help him organize a neighborhood book swap.
- 17. Give your child weekly tickets worth 30 minutes of recreational screen time each. Let her cash in unused tickets for small treats.
- 18. Have your child design a new cover for a much-loved book.
- 19. At dinner, ask everyone to share something that made them happy this week.
- 20. Schedule a 20-minute family D.E.A.R. time (Drop Everything And Read).
- 21. At bedtime, allow a few minutes after the light is off for a quiet conversation with your child.
- 22. It's the birthday of George Washington. How many facts can your child list about this famous president?
- 23. Talk with your child about a choice you have made. Then talk about the consequences.
- 24. Look for a TV program on science or history. Watch it with your child.
- 25. Have family members write reviews of books they've read.
- 26. Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.
- 27. Look at a blank map of the country together. Can your child name the states or provinces that surround yours?
- 28. Make up trivia questions about your family. Quiz one another at the dinner table.

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